# Trading the Range Step by Step

Learn how to define clear boundaries, avoid the midpoint trap, and enter only at extremes.

72 hours free on your own MetaTrader 5 account, installed in a few minutes with a video for each step · Try it free for 72 hours

## 01 What It Is and Why It Matters

- When a trend pauses, price often moves sideways between a ceiling and a floor. This box defines your playing field.
- Dividing this area in half reveals the midpoint, or equilibrium. Entering near this middle line offers no statistical edge and leads to choppy losses.
- Waiting for price to reach the outer boundaries keeps risk defined. You look to buy at discount near the floor and sell at premium near the ceiling.

## 02 How to Spot It on the Chart

- Identify two clear rejections at the top to mark the ceiling, and two clear bounces at the bottom for the floor.
- Measure the full distance between boundaries and place a center mark halfway between them to locate the equilibrium line.
- Wait patiently as price travels toward an outer edge. An entry is valid only when price touches a boundary and shows a clear rejection.
- If price closes beyond a boundary, the range has failed. Accept the invalidation immediately and wait for a brand new structure to develop.

## 03 How to Do It in TradingView

- Select the one hour timeframe directly from the top toolbar on your chart screen.
- Locate the highest rejection point and press Alt plus H on your keyboard to drop a horizontal line on the ceiling boundary.
- Move your cursor to the lowest bounce level and press Alt plus H again to drop the matching floor boundary line.

## 04 The Common Mistake and the Pro Approach

- Beginners panic during strong moves and enter right at the midpoint, suffering whipsaws while paying unnecessary spread costs.
- New traders also mistake an extended wick beyond the level for a breakout. A wick merely tests liquidity before snapping back inside.
- Experienced traders wait for candle bodies to close. They let wicks reject the boundary, confirming that the level holds before placing any order.

### Checklist

- [ ] Confirm two distinct touches on both the upper and lower boundaries
- [ ] Mark the exact midpoint between the floor and the ceiling
- [ ] Ensure current price is sitting at an extreme, never near equilibrium
- [ ] Verify that the boundary test formed a wick rather than a full candle body close beyond it
- [ ] Set your exit level just before the opposing boundary line
- [ ] Establish your invalidation point outside the boundary before entering


### Your next step

You can try the Gixodia software free for 72 hours on your own MetaTrader 5 account. You install it yourself in a few minutes with a video for each step, and if you have a question first you can message our team on WhatsApp with one tap. Nothing is charged today, and you can cancel in one click during the 72 hours.

**Try it free for 72 hours** | **Chat with our team on WhatsApp**

- Install it yourself in a few minutes, a video for each step
- Runs on your own MetaTrader 5 account, in your name
- No commission, no profit share
- Cancel in one click during the 72 hours

How it works: gixodia.com

https://gixodia.com/en/start

72-hour free trial on the annual license: it starts when you confirm your card, nothing is charged today, and if you cancel during the 72 hours you pay nothing; otherwise the first year, $499, is charged when it ends, renewing yearly at $499 until you cancel. One free trial per person. Lifetime license: $5,780 one time, no trial. Gixodia is software only. Trading involves risk and you can lose money. Not financial advice.