News Risk Checklist

A step by step routine to protect your account balance before fast headlines cause market gaps.

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01 Why Gaps Bypass Exits

- A stop order turns into a market order once touched, filling at the next available price print.
- During major releases liquidity vanishes, creating price jumps where no trades take place between levels.
- Predefined software parameters protect you by scaling down activity before these wild movements begin.

02 Using The Checklist

- Run through these points before every high impact calendar event to defend your capital.
- Enforce strict daily stop ceilings inside your platform so emotional decisions cannot override your rules.
- Automated rules pause order execution when preset thresholds are reached, eliminating hesitation during sudden market drops.

Checklist

- [ ] Check the economic release calendar before opening fresh positions.
- [ ] Verify your position size will not endanger your balance if price jumps.
- [ ] Ensure your daily platform stop ceiling is locked in place.
- [ ] Refrain from moving or widening your protective loss level during sudden drops.
- [ ] Step aside and flatten active trades before high impact announcements hit.
- [ ] Confirm automated execution rules scale down activity when approaching loss thresholds.

Your next step

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