News Risk Checklist

How to protect your balance and manage execution risk before unexpected state headlines drain market liquidity.

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01 Recognize Liquidity Gaps

- Unannounced political statements make liquidity vanish in seconds.
- Market orders sent into thin books face heavy slippage.
- Execution fills can land far beyond visible screen quotes.

02 Hardcode Pre-Trade Caps

- Cap single position sizes strictly inside MetaTrader 5.
- Predefined boundaries prevent one statement from forcing deep losses.
- Software enforces volume limits without human hesitation or panic.

03 Apply Automatic Pause Rules

- Use algorithmic parameters that halt fresh orders instantly.
- Code cannot forecast headlines, but it can stop trading.
- Scale exposure down as predefined risk thresholds approach.

Checklist

- [ ] Verify your MetaTrader 5 platform allows automated execution controls.
- [ ] Hardcode strict volume ceilings before any session begins.
- [ ] Enable automatic pausing once price swings exceed predefined limits.
- [ ] Verify your account runs on funds you can afford to risk.
- [ ] Maintain capital above the live minimum threshold of $1,000.
- [ ] Confirm your exit stops remain active across thin market periods.

Your next step

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