# Selloff Protection Guide

How systematic rules protect capital by reducing exposure before volatility accelerates

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## 01 Recognize the volatility expansion

- Rapid selloffs widen spreads and accelerate price velocity
- Discretionary traders often average down while systematic models pause entries
- Observe volatility filters instead of trying to catch intraday turning points

## 02 Automate your exposure reductions

- Reduce open position sizing automatically as market swings widen
- Hard exposure caps prevent adding risk to existing losing positions
- Systematic execution scales down risk without hesitation fatigue or panic

## 03 Establish systematic exit protocols

- Fixed automated stops eliminate bargaining when momentum continues downward
- Define an absolute exposure threshold where all activity halts completely
- Stepping aside preserves capital so you can participate when normal conditions return

## Checklist

- [ ] Verify that hard stops are active on every open position
- [ ] Disable any manual impulse to average down on falling moves
- [ ] Set your account maximum exposure limit before opening new orders
- [ ] Configure your platform to pause trading during abnormal volatility spikes
- [ ] Review trade logs to confirm risk rules were followed without emotion

## Your next step

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