Trading Discipline Guide

A step by step plan to eliminate manual interference from your trade exits.

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01 Step 1: Define exits before entry

- Select your exit levels before you look at live order buttons.
- A trade without predefined boundaries is governed entirely by emotion once market movement starts.
- Enter orders with hard parameters immediately so decisions remain separate from price action.

02 Step 2: Treat stops as planned costs

- A closed losing position is a normal operational cost in any systematic setup.
- Moving an exit level further away multiplies open risk and invites panic.
- Accept each loss instantly at its preselected mark to preserve your principal.

03 Step 3: Remove manual management

- Constant screen watching creates emotional fatigue and causes premature exits on positive moves.
- Rule-based automation follows predefined parameters without hope or fear interfering.
- Let system software execute each order while you focus entirely on overall plan review.

Checklist

- [ ] Identify your target level before placing any market order
- [ ] Set your protective stop order at the exact moment of entry
- [ ] Commit to never moving a stop order further into risk
- [ ] Close MetaTrader 5 after submitting your automated bracket orders
- [ ] Review closed trades only at scheduled intervals outside active hours

Your next step

You can try Gixodia's trading software free for 72 hours on your own MetaTrader 5 account: nothing is charged today, and you can cancel in one click during the 72 hours; after the trial it is $499/year. You install it yourself in a few minutes with a video for each step, and if you have a question first, message our team on WhatsApp with one tap.

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- Install it yourself in a few minutes, a video for each step
- Runs on your own MetaTrader 5 account, in your name
- No commission, no profit share
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How it works: gixodia.com

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